

<b>Ingredients</b>	<b>per tablet</b>	<b>% NRV*</b>
Vitamin A (RE) (25% as beta-carotene)	667 µg	83%
Vitamin E (α-TE)	16 mg	133%
Vitamin C	80 mg	100%
Vitamin K	24.5 µg	33%
Thiamine	1.32 mg	120%
Riboflavin	2.1 mg	150%
Vitamin B6	2.1 mg	150%
Vitamin B12	3 µg	120%
Vitamin D	10 µg	200%
Biotin	62.5 µg	125%
Folic acid	300 µg	150%
Niacin (NE)	16 mg	100%
Pantothenic acid	7.5 mg	125%
Calcium	320 mg	40%
Phosphorus	105 mg	15%
Magnesium	100 mg	27%
Iron	10 mg	71%
Iodine	100 µg	67%
Copper	500 µg	50%
Manganese	2 mg	100%
Chromium	40 µg	100%
Molybdenum	50 µg	100%
Selenium	30 µg	55%
Zinc	5 mg	50%

\*NRV: Reference value as specified in the EU Food Information Directive.