

Supplement Facts

Serving Size 3 Gummies

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	7 g	3%†
Total Sugars	5 g	*
Includes 5 g Added Sugars		10%†
Vitamin A (as retinyl palmitate)	315 mcg	35%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D (as ergocalciferol)	30 mcg (1200 IU)	150%
Vitamin E (as d-alpha tocopherol)	12 mg	80%
Vitamin B ₆ (as pyridoxine hydrochloride)	2.5 mg	147%
Folate	350 mcg DFE (210 mcg Folic Acid)	88%
Vitamin B ₁₂ (as cyanocobalamin)	4 mcg	167%
Biotin	9 mcg	30%
Pantothenic Acid (as d-calcium pantothenate)	2.7 mg	54%
Iodine (as potassium iodide)	63 mcg	42%
Zinc (as zinc citrate)	3 mg	27%
Sodium	10 mg	<1%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.