

Centrum Natural Beauty Whole Food Benefit Blend Dietary Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

Directions: Adults: Take one capsule daily with food. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container xx

	Amount Per Serving	% Daily Value
Vitamin A (100% as beta-carotene)	900 mcg	100%
Vitamin C (as ascorbic acid, and from organic acerola fruit extract)	90 mg	100%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg	100%
Biotin	30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%
Zinc (as zinc bisglycinate chelate)	11 mg	100%
Copper (as copper bisglycinate chelate)	0.9 mg	100%
Manganese (as manganese bisglycinate chelate)	2.3 mg	100%
Lutein (from marigold flower)	2 mg	*
Lycopene	2 mg	*
Organic Whole Fruit and Vegetable Blend Apple, Beet, Broccoli, Carrot, Green Cabbage, Kale, Parsley, Spinach, Blueberry, Raspberry, Strawberry, Tomato	25 mg	*
*Daily Value not established.		

Centrum Natural Beauty Whole Food Benefit Blend Dietary Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

Other Ingredients: Organic Rice Flour, Hypromellose (vegetarian capsule shell), L-Leucine (vegetarian), Silica.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Keep out of reach of children.

If taking other supplements, read label, since supplements may contain the same ingredient.

Store at room temperature. Protect from heat, light, and moisture. Keep bottle tightly closed.

Bottle sealed with foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA

Questions? Comments?

Call 1-877-CENTRUM (236-8786)