

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A 1,050 mcg (29% as Beta-Carotene)	117%
Vitamin C 90 mg	100%
Vitamin D ₃ 25 mcg (1,000 IU)	125%
Vitamin E 20.3 mg	135%
Vitamin K 60 mcg	50%
Thiamin 1.2 mg	100%
Iron 8 mg	44%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 100 mg	24%
Zinc 11 mg	100%
Selenium 100 mcg	182%
Copper 0.9 mg	100%
Manganese 2.3 mg	100%
Chromium 35 mcg	100%

Amount Per Serving	% DV
Riboflavin 1.3 mg	100%
Niacin 16 mg	100%
Vitamin B ₆ 2 mg	118%
Folate 333 mcg DFE (200 mcg Folic Acid)	83%
Vitamin B ₁₂ 6 mcg	250%
Biotin 40 mcg	133%
Pantothenic Acid 15 mg	300%
Calcium 210 mg	16%
Molybdenum 50 mcg	111%
Chloride 72 mg	3%
Potassium 80 mg	2%
Lycopene 600 mcg	*

* Daily Value (DV) not established.