

# Supplement Facts

Serving Size 2 Tablets

Servings Per Container 80

Amount Per Serving	% DV
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Vitamin A 1,050 mcg (29% as Beta-Carotene)	117%
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Vitamin C 120 mg	133%
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Vitamin D <sub>3</sub> 25 mcg (1,000 IU)	125%
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Vitamin E 27 mg	180%
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Vitamin K 60 mcg	50%
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Amount Per Serving	% DV
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Calcium 210 mg	16%
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Phosphorus 20 mg	2%
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Iodine 150 mcg	100%
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Magnesium 75 mg	18%
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Zinc 15 mg	136%
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Selenium 21 mcg	38%
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Copper 0.5 mg	56%
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Manganese 4 mg	174%
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Chromium 60 mcg	171%
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Amount Per Serving	% DV
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Thiamin 1.5 mg	125%
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Riboflavin 1.7 mg	131%
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Niacin 20 mg	125%
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Vitamin B <sub>6</sub> 6 mg	353%
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Folate 500 mcg DFE (300 mcg Folic Acid)	125%
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Vitamin B <sub>12</sub> 100 mcg	4,167%
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Biotin 30 mcg	100%
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Pantothenic Acid 10 mg	200%
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Amount Per Serving	% DV
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Molybdenum 50 mcg	111%
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Chloride 72 mg	3%
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Potassium 80 mg	2%
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Lutein 300 mcg	*
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Lycopene 600 mcg	*
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\*Daily Value (DV) not established.