

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 90

Amount Per Serving	% DV
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Vitamin A 750 mcg (40% as Beta-Carotene)	83%
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Vitamin C 60 mg	67%
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Vitamin D ₃ 25 mcg (1,000 IU)	125%
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Vitamin E 22.5 mg	150%
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Vitamin K 30 mcg	25%
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Amount Per Serving	% DV
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Calcium 220 mg	17%
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Phosphorus 20 mg	2%
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Iodine 150 mcg	100%
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Magnesium 50 mg	12%
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Zinc 11 mg	100%
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Selenium 19 mcg	35%
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Copper 0.5 mg	56%
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Manganese 2.3 mg	100%
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Chromium 50 mcg	143%
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Amount Per Serving	% DV
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Thiamin 1.5 mg	125%
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Riboflavin 1.7 mg	131%
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Niacin 20 mg	125%
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Vitamin B ₆ 3 mg	176%
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Folate 667 mcg DFE (400 mcg Folic Acid)	167%
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Vitamin B ₁₂ 25 mcg	1,042%
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Biotin 30 mcg	100%
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Pantothenic Acid 10 mg	200%
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Amount Per Serving	% DV
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Molybdenum 45 mcg	100%
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Chloride 72 mg	3%
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Potassium 80 mg	2%
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Lutein 250 mcg	*
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Lycopene 300 mcg	*
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* Daily Value (DV) not established.