

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 80

Amount Per Serving	% DV
---------------------------	-------------

Vitamin A 1,050 mcg (43% as Beta-Carotene)	117%
---	------

Vitamin C 100 mg	111%
------------------	------

Vitamin D ₃ 25 mcg (1,000 IU)	125%
--	------

Vitamin E 15.8 mg	105%
-------------------	------

Amount Per Serving	% DV
---------------------------	-------------

Pantothenic Acid 5 mg	100%
-----------------------	------

Calcium 300 mg	23%
----------------	-----

Iron 8 mg	44%
-----------	-----

Phosphorus 20 mg	2%
------------------	----

Iodine 150 mcg	100%
----------------	------

Magnesium 100 mg	24%
------------------	-----

Zinc 15 mg	136%
------------	------

Selenium 22 mcg	40%
-----------------	-----

Copper 0.5 mg	56%
---------------	-----

Amount Per Serving	% DV
---------------------------	-------------

Vitamin K 50 mcg	42%
------------------	-----

Thiamin 1.1 mg	92%
----------------	-----

Riboflavin 1.1 mg	85%
-------------------	-----

Niacin 14 mg	88%
--------------	-----

Vitamin B ₆ 5 mg	294%
-----------------------------	------

Folate 667 mcg DFE (400 mcg Folic Acid)	167%
--	------

Vitamin B ₁₂ 50 mcg	2,083%
--------------------------------	--------

Biotin 30 mcg	100%
---------------	------

Amount Per Serving	% DV
---------------------------	-------------

Manganese 2.3 mg	100%
------------------	------

Chromium 52 mcg	149%
-----------------	------

Molybdenum 50 mcg	111%
-------------------	------

Chloride 72 mg	3%
----------------	----

Potassium 80 mg	2%
-----------------	----

Lutein 300 mcg	*
----------------	---

*Daily Value (DV) not established.