

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Contains <2% Blue Lake 2, Hydroxypropyl Cellulose, Magnesium Stearate, Mica-Based Pearlescent/Titanium Dioxide (color), Polyethylene Glycol, Polyvinyl Alcohol, Red Lake 40, Silicon Dioxide.

Distributed by: Haleon, Warren, NJ 07059

As with any supplement, if you are pregnant or nursing, consult your healthcare provider prior to use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Consult your healthcare provider prior to use if you are taking medication, have any medical condition, or a history of breast cancer.

If taking this product along with Centrum Menopause Support Restful Sleep, take Centrum Menopause Support Multivitamin + Hot Flash Support in the morning with breakfast and Centrum Menopause Support Restful Sleep in the evening before bedtime. Do not take products together.

Store at room temperature. Keep bottle tightly closed. Bottle sealed with printed foil under cap. Do Not Use if foil is torn. "Sealed for Your Protection"

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Questions? Comments?
Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

Proudly manufactured in a GMP facility.

¹A clinical study showed a significant reduction of hot flashes after 12 weeks of daily use of geniVida®.

²Vitamin D and calcium help maintain strong bones.

³B-vitamins aid in the metabolism of fats, carbohydrates, and proteins.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MENOPAUSE SUPPORT

for all stages of menopause

complete multivitamin + hot flash support

Hormone-free, helps reduce hot flashes¹
Promotes healthy bones & metabolism^{2,3}



ACTUAL SIZE

DIETARY SUPPLEMENT

30 TABLETS

HALEON

DIRECTIONS: Adults: Take one (1) tablet daily in the morning with breakfast. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Tablet

| | Amount Per Serving | % Daily Value |
|---|----------------------------------|---------------|
| Vitamin A (as vitamin A acetate and as 40% beta-carotene) | 900 mcg | 100% |
| Vitamin C (as ascorbic acid) | 90 mg | 100% |
| Vitamin D ₃ (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Vitamin E (as d-alpha tocopheryl acetate) | 15 mg | 100% |
| Vitamin K (as phytonadione) | 30 mcg | 25% |
| Thiamin (as thiamin mononitrate) | 2.4 mg | 200% |
| Riboflavin | 2.6 mg | 200% |
| Niacin (as niacinamide) | 16 mg | 100% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 3.4 mg | 200% |
| Folate (as folic acid) | 667 mcg DFE (400 mcg Folic Acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 24.4 mcg | 1,017% |
| Biotin | 30 mcg | 100% |
| Pantothenic Acid (as calcium pantothenate) | 5 mg | 100% |
| Calcium (as calcium carbonate) | 300 mg | 23% |
| Iodide (as potassium iodide) | 150 mcg | 100% |
| Magnesium (as magnesium oxide) | 84 mg | 20% |
| Zinc (as zinc oxide) | 11 mg | 100% |
| Copper (as copper sulfate) | 0.9 mg | 100% |
| Manganese (as manganese sulfate) | 1.2 mg | 52% |
| geniVida® (genistein) | 30 mg | * |

*Daily Value not established.